

puruṣa sūktam

om taccaṃ yorāvṛ' ṇīmahe | gātuṃ yaññāya' | gātuṃ yaññapa'taye | daivī' svastira'stu naḥ |
svastirmānu' ṣebhyaḥ | ūrdhvaṃ ji'gātu bhesajam | śaṃ no' astu dvīpade'' | śaṃ catu'ṣpade |

om śāntiḥ śāntiḥ śānti'ḥ ||

sahasra'śīrṣā puru'ṣaḥ | sahasrākṣaḥ sahasra'pāt |
sa bhūmi'm viśvato' vṛtvā | atya'tiṣṭhaddaśāṅgulam ||

puru'ṣa evedagṃ sarvam'' | yadbhūtam yacca bhavyam'' |
utāmṛ'tatva syeśā'naḥ | yadanne'nātiroha'ti ||

etāvā'nasya mahimā | ato jyāyāg'-śca pūru'ṣaḥ |
pādo''2 sya viśvā' bhūtāni' | tripāda'syāmṛta'm dīvi ||

tripādūrdhva udaitpuru'ṣaḥ | pādo''2 syehā2 2 bha'vātpuna'ḥ |
tato viśvaṅ-vya'krāmat | sāsānānaśane abhi ||

tasmā''dvirāḍa'jāyata | virājo adhi pūru'ṣaḥ |
sa jāto atya'ricyata | paścād-bhūmimatho' puraḥ ||

yatpuru'ṣeṇa haviśā'' | devā yaññamata'nvata |
vasanto a'syāśīdājyam'' | grīṣma idhmaśśaradhdhaviḥ ||

saptāsyā'san-paridhaya'ḥ | triḥ sapta samidha'ḥ krtāḥ |
devā yadyañnam ta'nvānāḥ | aba'dhnan-puru'ṣam paśum ||

taṃ yañnam barhiṣi praukṣan' | puru'ṣam jātama'grataḥ |
tena' devā aya'janta | sādhyā ṛṣa'yaśca ye ||

tasmā''dyaññāt-sa'rvahuta'ḥ | sambhr'taṃ pṛṣadājyam |
paśūg-stāg-śca'kre vāyavyān' | āraṇyān-grāmyāśca ye ||

tasmā''dyaññātsa'rvahuta'ḥ | ṛcaḥ sāmā'ni jaññire |
chandāg'msi jaññire tasmā''t | yajustasmā'dajāyata ||

tasmādaśvā' ajāyanta | ye ke co'bhayāda'taḥ |
gāvo' ha jaññire tasmā't | tasmā''jjātā a'jāvaya'ḥ ||

yatpuru'saṃ vya'dadhuḥ | katithā vya'kalpayan |
mukhaṃ kima'sya kau bāhū | kāvūrū pādā'vucyete ||

brāhmaṇo''śya mukha'māsīt | bāhū rā'janya'ḥ kṛtaḥ |
ūrū tada'sya yadvaiśya'ḥ | padbhyāgṃ śūdro a'jāyataḥ ||

candramā mana'so jātaḥ | caksoḥ sūryo' ajāyata |
mukhādindra'ścāgniśca' | prāṇādvāyura'jāyata ||

nābhyā' āsīdantari'kṣam | śīrṣṇo dyauḥ sama'vartata |
padbhyāṃ bhūmirdiśaḥ śrotrā't | tathā' lokāgm aka'lpayan ||

vedāhame'taṃ puru'saṃ mahāntam'' | ādityava'rṇaṃ tama'sastu pāre |
sarvā'ṇi rūpāṇi' vicitya dhīra'ḥ | nāmā'ni kṛtvā'bhivadan, yadā'śte'' ||

dhātā purastādyamu'dājahāra' | śakraḥ pravīdvān-pradiśāscata'sraḥ |
tamevaṃ vidvānamṛta' iha bha'vati | nānyaḥ panthā' aya'nāya vidyate ||

yaññena' yaññama'yajanta devāḥ | tāni dharmā'ṇi prathamānyā'san |
te ha nāka'ṃ mahimāna'ḥ sacante | yatra pūrve' sādhyāssanti' devāḥ ||

adbhyaḥ sambhū'taḥ pṛthivyai rasā''cca | viśvaka'rmaṇaḥ sama'vartatādhi' |
tasya tvaṣṭā' vidadha'drūpame'ti | tatpuru'sasya viśvamājā'namagre'' ||

vedāhametaṃ puru'saṃ mahāntam'' | ādityava'rṇaṃ tama'saḥ para'stāt |
tamevaṃ vidvānamṛta' iha bha'vati | nānyaḥ panthā' vidyate'ya'nāya ||

prajāpa'tiścarati garbhe' antaḥ | ajāya'māno bahudhā vijā'yate |
tasya dhīrāḥ pari'jānanti yonim'' | marī'cīnāṃ padamicchanti vedhasa'ḥ ||

yo devebhya āta'pati | yo devānā''ṃ purohi'taḥ |
pūrvo yo devebhyo' jātaḥ | namo' rucāya brāhma'ye ||

ruca'ṃ brāhmaṇ janaya'ntaḥ | devā agre tada'bruvan |

yastvaivaṃ brāhmaṇo vidyāt | tasya devā aśan vaśe” ||

hrīśca’ te lakṣmīśca patnyau” | ahorātre pārśve |
 nakṣa’ trāṇi rūpam | aśvinau vyāttam” |
 iṣṭam ma’ niṣāṇa | amuṃ ma’ niṣāṇa | sarva’ ṃ maniṣāṇa ||

taccaṃ yorāvṛ’ ṇīmahe | gātum yaññāya’ | gātum yaññapa’taye | daivī” svastira’su naḥ |
 svastirmānu’ ṣebhyaḥ | ūrdhvaṃ ji’ gātu bheṣajam | śaṃ no’ astu dvipade” | śaṃ catu’ ṣpade |

oṃ śāntiḥ śāntiḥ śānti’ḥ ||

Web Url: <http://www.vignanam.org/veda/purusha-suktam-english.html>