

# Īśāvāsyopaniṣad

oṃ pūrṇamadahaḥ pūrṇamidamaḥ pūrṇātpūrṇamudacyate |  
pūrṇasya pūrṇamādāya pūrṇamevāvaśiṣyate ||

oṃ śāntiḥ śāntiḥ śāntiḥ ||

oṃ īśā vāsya' midagṃ sarvaṃ yatkiñca jaga'tvāṃ jaga't |  
tena' tyaktena' bhuñjīthā mā gr'dhaḥ kasya'sviddhanam" || 1 ||

kurvanneveha karmā"ṇi jijīviṣeccatagṃ samā"ḥ |  
evaṃ tvayi nānyatheto"᳚sti na karma' lipyate' nare" || 2 ||

asuryā nāma te lokā andhena tamasā᳚᳚vr'tāḥ |  
tāgṃste pretyābhiga'cchanti ye ke cā"tmahano janā"ḥ || 3 ||

ane"jadekaṃ mana'so javī"yo naina'ddevā ā"pnuvanpūrvamarṣa't |  
taddhāva'to᳚nyānatye"ti tiṣṭhattasmin"napo mā"tariśvā" dadhāti || 4  
||

tade"jati tanneja'ti taddūre tadva'ntike |  
tadantara'sya sarva'sya tadu sarva'syāsya bāhyataḥ || 5 ||

yastu sarvā"ṇi bhūtānyātmanyevānupaśya'ti |

sarvabhūteṣu’ cātmānaṃ tato na vihu’gupsate || 6 ||

yasminsarvā”ṇi bhūtānyātmaivābhū”dvijānataḥ |  
tata ko mohaḥ kaḥ śoka’ḥ ekatvama’nupaśya’taḥ || 7 ||

sa parya’gāccukrama’kāyama’praṇama’snāviraḡṃ  
śuddhamapā”pavidddham |  
kavirma’nīṣī pa’ribhūḥ sva’yambhū-ryā”thātathyato᳚rthān  
vya’dadhācchāśvatībhyaḥ samā”bhyaḥ || 8 ||

andham tamaḥ pravi’śanti ye᳚vi’dyāmupāsa’te |  
tato bhūya’ iva te tamo ya u’ vidyāyā”ḡṃ ratāḥ || 9 ||

anyadevāyuridyayā᳚nyadā”huravi’dyayā |  
iti’ śuśuma dhīrā”ṇāṃ ye nastadvi’cacakṣire || 10 ||

vidyāṃ cāvi’dyāṃ ca yastadvedobhaya’ḡṃ saha |  
avi’dyayā mṛtyuṃ tīrtvā vidyayā᳚mṛta’maśnute || 11 ||

andham tamaḥ pravi’śanti ye᳚sam”bhūtimupāsa’te |  
tato bhūya’ iva te tamo ya u sambhū”tyāḡṃ ratāḥ || 12 ||

anyadevāhuḥ sam”bhavādanyadā”hurasam”bhavāt |  
iti’ śuśuma dhīrā”ṇāṃ ye nastadvi’cacakṣire || 13 ||

sambhū”tiṃ ca viṇāśaṃ ca yastadvedobhaya’gṃ saha |  
 vināśena’ mṛtyuṃ tīrtvā sambhū”tyā<sup>2</sup> mṛta’maśnute || 14 ||

hiraṇmaye”na pātre”ṇa satyasyāpi’hitam mukham” |  
 tatvam pū”sannapāvṛ’ṇu satyadha’rmāya drṣṭaye” || 15 ||

pūṣa’nekarṣe yama sūrya prājā”patya vyū”ha raśmīn  
 samū”ha tejo yatte” rūpaṃ kalyā”ṇatamaṃ tatte” paśyāmi |  
 yo<sup>2</sup> sāvasau puru’saḥ so<sup>2</sup> hama’smi || 16 ||

vāyurani’lamamṛtamathedaṃ bhasmā”ntagṃ śarī’ram |  
 oṃ 3 krato smara’ kṛtagṃ sma’ra krato smara’ kṛtagṃ sma’ra || 17 ||

agne naya’ supathā” rāye asmān viśvā’ni deva vayanā’ni vidvān |  
 yuyodhyasmajju’hurāṇameno bhūyi’ṣṭāṃ te nama’uktiṃ vidhema ||  
 18 ||

oṃ pūrṇamadaḥ pūrṇamidaṃ pūrṇātpūrṇamudacyate |  
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oṃ śāntiḥ śāntiḥ śāntiḥ ||

Web Url: <http://www.vignanam.org/veda/eesavasyopanishad-english.html>